

# ENRICHMENT 2019-2020

September 16 – June 4



## Yoga with Jamey Reese

Mondays 32 sessions, 9/16-6/1

Grades: Preschool-3

Time/Fee: 3:15-4:15; \$384

*This class integrates playful yoga poses inspired by animals, plants, and constellations. Learn partner poses, breathing exercises, and nourishing relaxation techniques sprinkled with music, books and props. Includes a super fun GLOWGA Class.*

## Piano with Jodi Moore

Grades: preschool-8

Time: 30 or 45 min, starting at 3:00

## Horn, Trumpet, Baritone with John Waldenberger

Grades: 1-8

Time: 30 min. lessons starting at 3:00

## Guitar with Ben Bowles

Beginner & Intermediate

Time: 30 min. Starting at 3:00

## Co-ed Beginner Ballet with Tracey Price

Wednesdays 33 sessions 9/18-6/3

Grades: K-3

Time/Fee: 3:15-4:15; \$330

*We will introduce the structure of a formal ballet class while learning correct technique, musicality, creativity and fun. Dancers will begin to learn basic French vocabulary used in ballet. Class will include warm up, basic bar work and movement across the floor. Imagination and a love of dance will be fostered. Ballet slippers are required for safety. Children are encouraged to wear a leotard and tights, shorts or leggings with a fitted tee shirt. Hair should be pulled in a ponytail or bun.*

## Adult Ballet with Tracey Price

Wednesdays 10 sessions, 9/18 – 11/20

Time/Fee: 8:15 – 9:15 a.m. \$100

*Ballet offers a terrific workout routine. Get in shape or stay in shape with stretches, bar work and floor routines. Wear leggings or shorts and a fitted tee shirt. Ballet slippers encouraged.*

## Design Technology with Jocelyn Meyers

Thursdays 31 sessions, 9/19 – 6/4

Grades: K-4

Time/Fee: 3:15-4:15, \$310

*Learn how magnets, motors, batteries, wires, lights and sound, all come together to create amazing structures, animals and robots. Join amazing design technology teacher Jocelyn for a stimulating and rich learning experience in the maker space.*

## Paper Quilling with Leena Nashikkar

Tuesdays 10 sessions 9/17 – 11/26

Grades: 2 - 8

Time/Fee: 3:15-4:15, \$100

*Paper quilling is an art form involving the use of strips of paper that are rolled, shaped and glued together to create decorative designs. Learn how to use a slotted tool to make amazing shapes. This is great fine motor work.*

## SPORTS

### FALL SOCCER

Time/Fee: 3:00 – 5:00

Grades 4-8 -\$180

Grade 3, \$145

Refundable uniform deposit - \$20

Student's first sport of the year is included in the tuition

*Pick up information at front desk*

### WINTER BASKETBALL

Time/Fee: 3:00 – 5:00

Grades 4-8 \$180

Grade 3, \$145

Refundable uniform deposit - \$20

Student's first sport of the year is included in the tuition

*Pick up information at front desk*

### SPRING TRACK

Time/Fee: 3:00 – 5:00

Grades 3-8, \$180

Refundable uniform deposit - \$20

Student's first sport of the year is included in the tuition

*Pick up information at front desk*

## Music

*Please contact the instructor for fees and scheduling*

Jodi: [jodstew@msn.com](mailto:jodstew@msn.com)

Ben: [bbowles@unitedfriendsschool.org](mailto:bbowles@unitedfriendsschool.org)

John: [waldensmusicandgifts@gmail.com](mailto:waldensmusicandgifts@gmail.com)

**Children's Theater with Delilah Maestri**

Tuesdays 11 sessions 12/3 – 2/25

Grades: k - 4

Time/Fee: 3:15 – 4:15, \$110

Play theater games; learn about different kinds of productions, stagecraft and set design. This theater group will put on a show for you at the end.

**Tennis with Dave Price**

Tuesdays 10 sessions 3/3 – 5/12

Grades: k -3

Time/Fee: 3:15-4:15, \$100

Pro instructor, Dave Price, will introduce students to the wonderful sport of tennis. Learn skills, have fun and engage in good physical activity. Wear sneakers and comfortable clothes and bring water and a racket. If you do not have a racket, one will be provided.

<b>OCTOBER</b>
10/11 - UFS CLOSED / INSERVICE
10/31 - NO AFTERSCHOOL ENRICHMENT/HALLOWEEN
<b>NOVEMBER</b>
11/4 - UFS CLOSED/INSERVICE
11/25-11/29 - UFS CLOSED/FALL BREAK
<b>DECEMBER</b>
12/23 - 1/3 - UFS CLOSED/WINTER BREAK
<b>JANUARY</b>
1/1 - 1/3 - UFS CLOSED/WINTER BREAK
1/20 CLOSED
<b>FEBRUARY</b>
2/17 - UFS CLOSED
2/28 - UFS CLOSED / INSERVICE
<b>MARCH</b>
3/23 - 3/27 UFS CLOSED/SPRING BREAK
<b>APRIL</b>
4/20 - UFS CLOSED/ INSERVICE
<b>MAY</b>
5/22 - CLOSED/ INSERVICE
5/25 - UFS CLOSED
<b>JUNE</b>
6/5 – LAST DAY OF SCHOOL / GRADUATION

*One form per child*

**ENRICHMENT ENROLLMENT FORM**

Program \_\_\_\_\_

Student's Name \_\_\_\_\_

Student's Classroom \_\_\_\_\_

**CONTACT AND PAYMENT INFORMATION**

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact Phone \_\_\_\_\_

Enclosed please find check payable to UFS or, Credit Card

Information: \_\_\_\_\_ Visa \_\_\_\_\_ Discover \_\_\_\_\_ MC \_\_\_\_\_ Amex

Print name on card \_\_\_\_\_

Card/Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

A 3% processing fee will be charged when a debit or credit card is used.

**Complete and return with check or credit card number to:**

United Friends School  
1018 W. Broad St.  
Quakertown, PA 18951  
215-538-1733-Fax: 215-538-1239  
Frontoffice@unitedfriendsschool.org